



**Join us for the Trinity Fort to Forge 10 K run/walk
On Sunday, 24th September 2017
Start time: 10.00 am**

**Come and support the runners
OR if you want to participate
on-line registration will remain open until 11.30 pm on Saturday 23rd September**

**You will also be able to register in person on Saturday 23rd from 3.00 to 4.00 pm
and
Sunday 24th from 8.00 to 9.00 am
at
the Parish Hall in Trinity.
You can pick up your Race number at the above times.**

Our chosen charity this year is Young Adult Cancer Canada (YACC).

This year we are very pleased to announce that Sweet Rock Ice Cream is sponsoring our race.



TO FIND OUT MORE OR TO REGISTER FOR THE RACE GO TO:

<https://youngadultcancer.akaraisin.com/Common/Event/Home.aspx?seid=14486&mid=8>

OR CONTACT: dawne.marlow@eastlink.ca or phone: 709 464 2551.